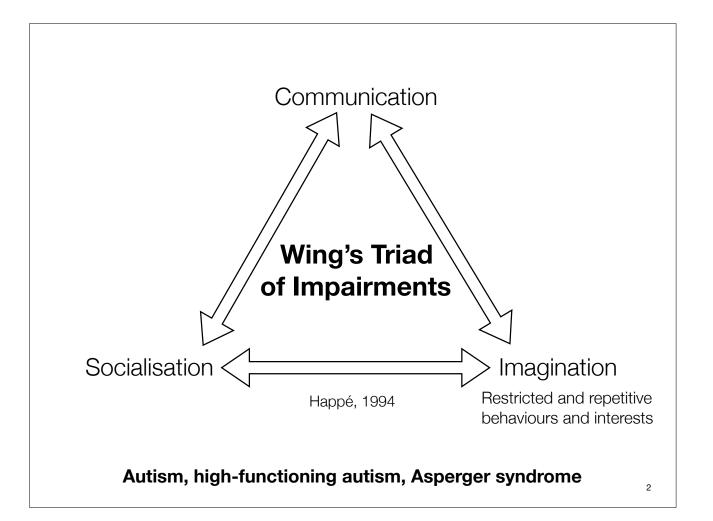
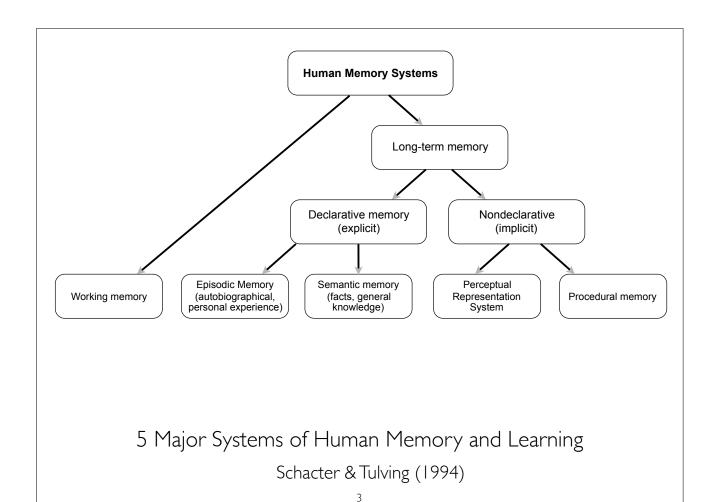
## Memory and learning: How are they different for people with AS?

A framework of thinking, memory and learning ASPIA: 4 November 2017 Dr Nola Norris, PhD www.nelt.com.au

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| <b>Episodic memory</b> weaker                   | Semantic memory relied upon for explicit thinking       | Perceptual memory     | Procedural memory                                     |
|---|---|-----------------------|---|
| Personal experience                             | Facts, general knowledge                                | Raw sensory input     | Repetition  |
| Theory of mind, Executive function              | One thing at a time, contextless                        | Being in the moment   | Encoded routines                                      |
| Central coherence                               | Focus on detail at expense of bigger picture            | Enhanced perception   | Automaticity  |
| Abstract reasoning                              | Concrete, literal, black-&-white thinking               | Holistic              | (lay terms) muscle, tactile or<br>kinaesthetic memory |
| Cognitive flexibility                           | Train-tracks thinking rigid, fixed thinking,            | Sensory               |   |
| Relational memory                               | Single-item memory                                      | Experiential          |   |
| Simultaneous processing                         | Rote memory, recall of discrete data and facts          | Sense of familiarity  |   |
| Temporality:<br>Subjective time judgements      | Time measurement: clocks, calendars                     | Sensory sensitivities |   |
| Prospective memory                              |   |                       |   |
| Source memory: context (location, time, affect) |   |                       |   |
| Mental time travel                              | Linear, serial, 'documentary style' first-hand memories |                       |   |
| Self-referential processing                     | Externally oriented thinking                            |                       |   |
| Subjective sense of self                        | Formulaic thinking, i.e., $a+b=c$                       |                       |   |
| autonoetic consciousness                        | noetic consciousness                                    | anoetic consciousness |   |